"Creating Community Wealth and Well-Being"



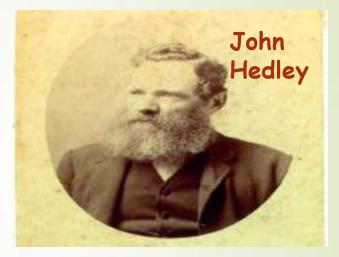
Presenter: Peter Kenyon



1.Spending time again in Canada

Constance Creek, March Township, Kanata, Ottawa





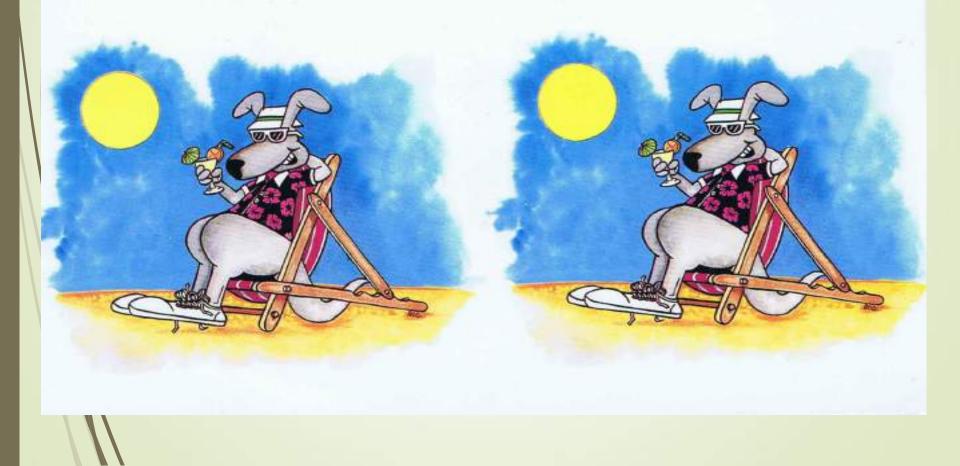
Bruce Hedley @Leig





WINTER IN WESTERN AUSTRALIA

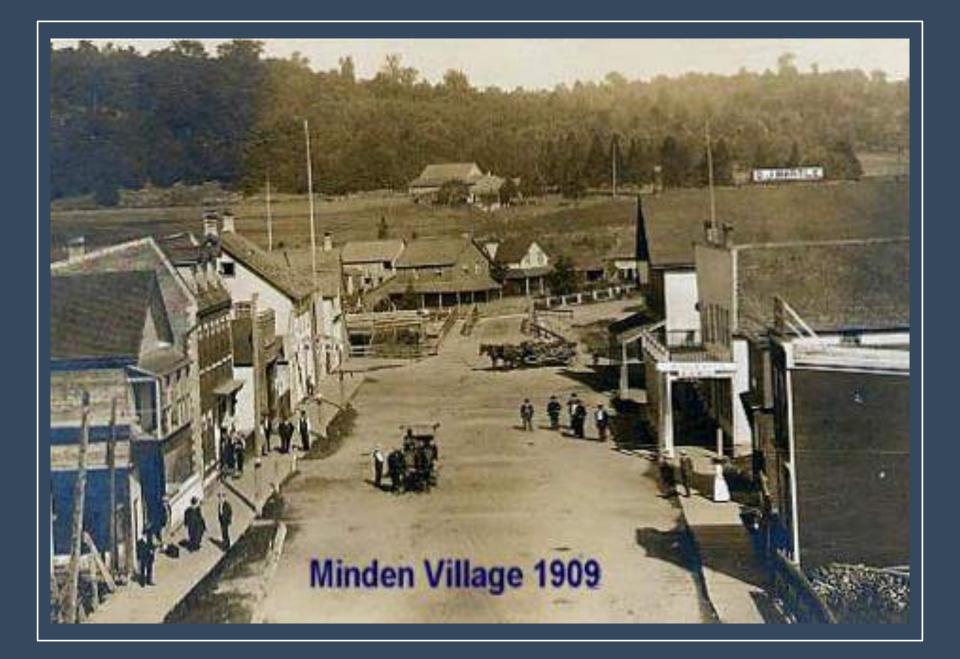
SUMMER IN WESTERN AUSTRALIA





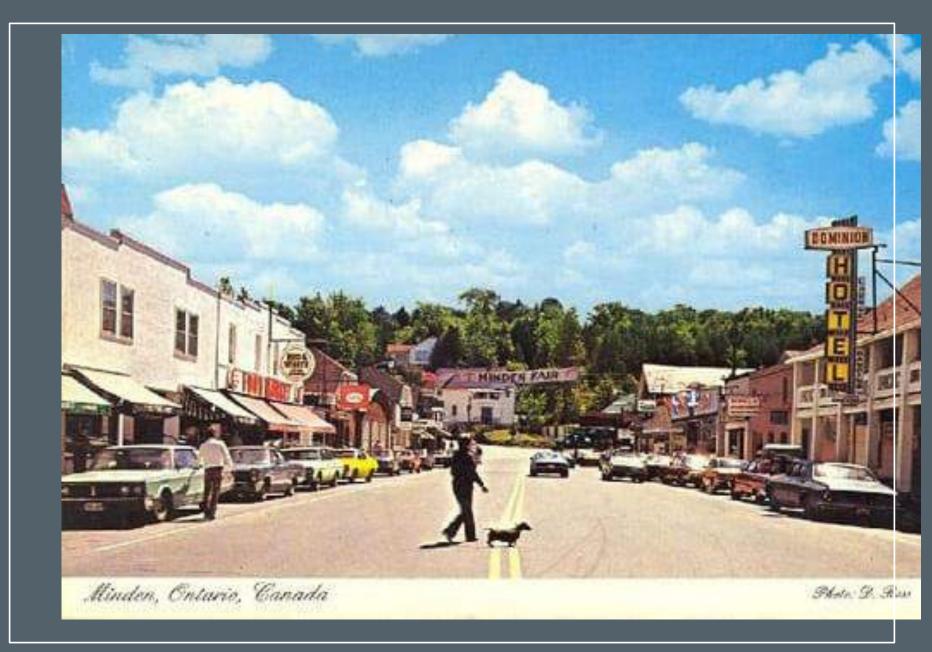


















3. Spending time with people who care!

Paul Born, Tamarack Ontario, Canada



"The greatest asset of any community is simply people who care"





'I want to thank and pay tribute to all of our volunteers - those dedicated people who believe in all work and no pay'



Don't ever question the value of volunteers. Noah's ark was built by volunteers; the Titanic was built by protessionals.

Australian Governor-General Sir Ninian Stephen

"Volunteers are so essential a part of the complex mechanism of our communities that without them the whole fabric of society would be placed at risk"

4. Spending time in a learning environment

'In times of change it is the learners who inherit the future.

Those who have finished learning find themselves equipped to live in a world that no longer exists.'



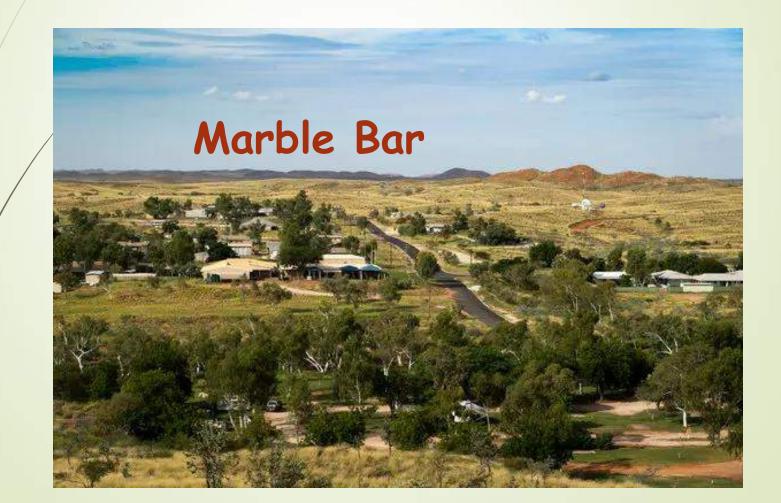


Rev Moses Coady



"The person who has ceased to learn ought not to be allowed to wander around in these dangerous times"

5. Spending time with small-town folk





'Marble Bar is best known as the stinking hot joint which is always seems to get a crack in the weather report!'

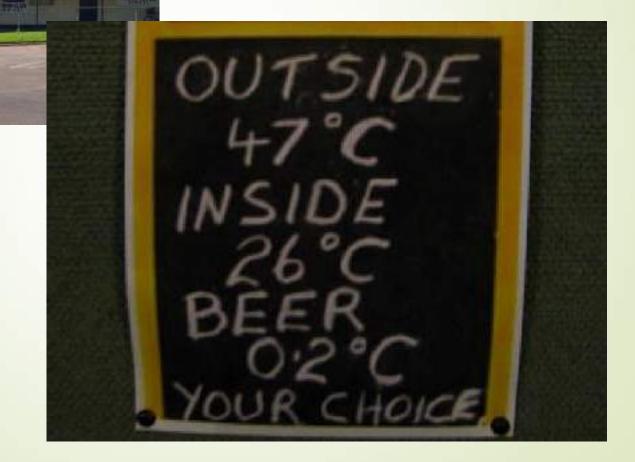
West Australian Newspaper 20/4/16







Iron Clad Pub



CINHING IN

Phenxx founder and chief executive Kait Tregenza in Marble Bar



'Australia's Hottest Woman' Campaign



'Australia's Hottest Woman' Campaign



'Australia's Hottest Woman' Campaign



'Australia's Hottest Woman' Campaign





Marble Cup RaceTrack





'The nice thing about living in a small town is that when you don't know what you're doing, someone else does' -Source Unknown

Richard Russo

'People in small towns, much more than in cities, share a destiny'

'The sun does not forget a village because it is small'

African Provert

6.Sharing "What builds a great community?"



John Kania, Co-Creator of Collective Impact



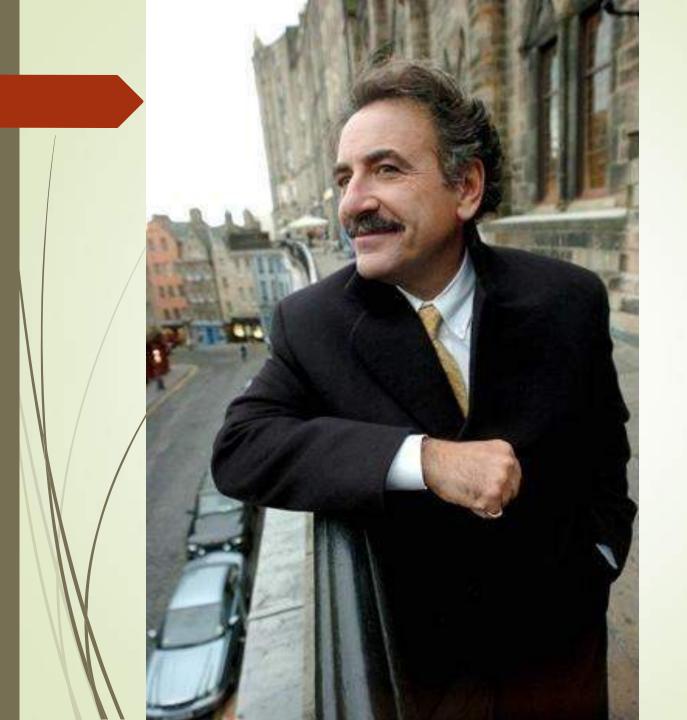
"Community has the power to change everything. No amount of innovation, individual brilliance, or money can transform our broken society as effectively and sustainably as building community"

Community Power

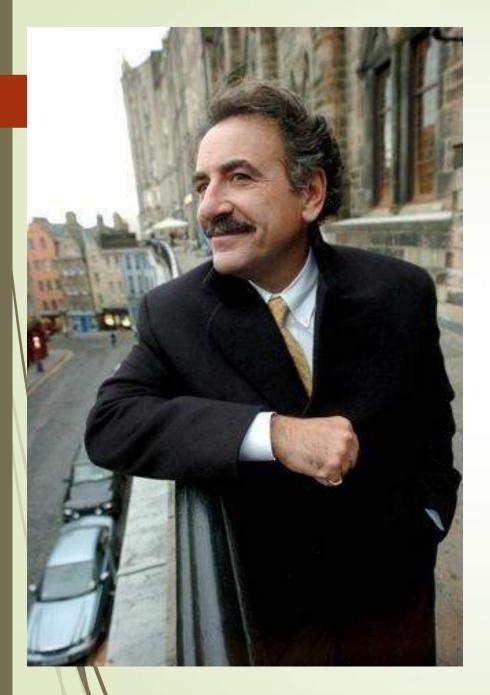
'I work from the firm belief that "whatever the issue, community is the answer."

-Margaret Wheatley





Ernesto Sirolli



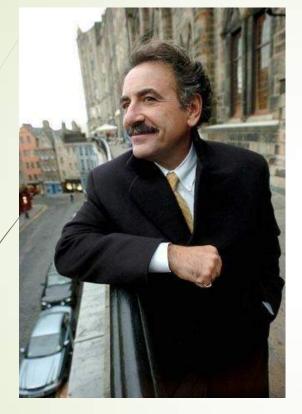
Ripples from the Zambezi

Rece

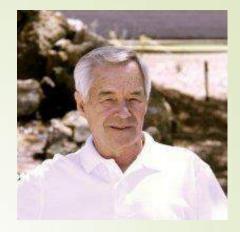
Ernesto Sirolli

Passion, entrepreneurship and the rebirth of local economies





'The future of every community lies in capturing the passion, imagination, and resources of its people'.



Harold Flaming

'The wisdom of the community always exceeds the knowledge of the experts'

Greet 2 other participants that you do not know and share why you are here today.

That's Us!

Welcome





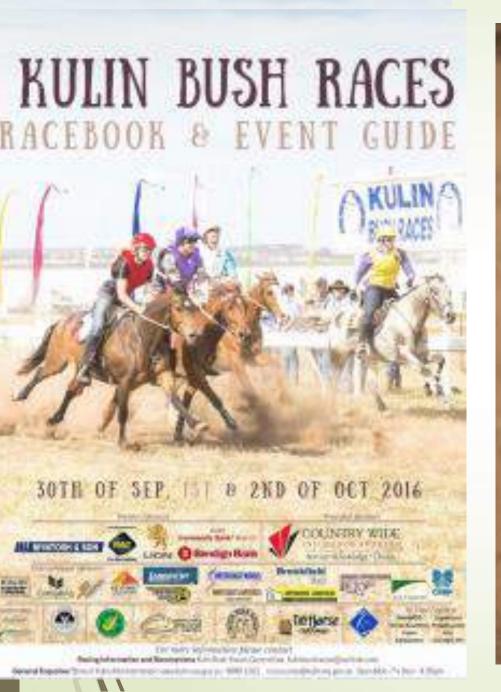
Kulin Community Futures Workshop - 1994

Theme: "Where is Kulin going? Don't put your future of the town in the hands of others - take control of your own destiny!"

MISSION Stop depopulation and loss of town services through-

Becoming a more than "a dot on the map".
Building local pride and commitment.











Kulin Community Bank Bank







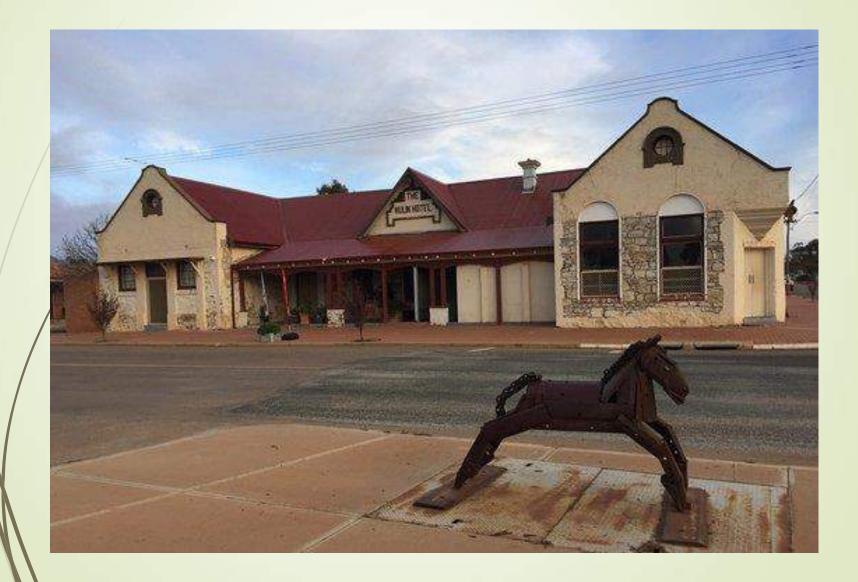








Community Owned Pub



Baby boom: Kulin mums Casey Williams with Amriah Spencer, Cindy Mullan with Parker Steph Marh with Mae Bradford, Gen Whisson with Huxley and Elle Bowey with Will. Picture: Daniel Wilkins

DELIVERY RATES

Average number of babies in a woman's lifetime

Highest fertility rate

3.30 Brookton 3.29 Meekatharra 3.12 Kulin 3.04 Gnowangerup 2.96 Kununurra 2.75 Dowerin 2.70 Newman 2.63 Morawa 2.62 Moora 2.58 Northam, South Hedland

Lowest fertility rate

0.9 Perth City 110 North Coogee 1.26 Bull Creek 1.29 Mt Lawley-Inglewood 1.32 Murdoch-Kardinya 1.33 Bateman, Willetton 1.34 South Perth/ Kensington 1.35 North Perth, Mosman Park/Peppermint Grove, Riverton/Shelley/ Rossmoyne 1.40 Applecross/Ardross, Winthrop 1.41 Ocean Reef

> Source: Australian Bureau of Statistics

KULIN SHOWS US HOW TO DO IT

KULIN is fertile in more ways than one, with ideal growing conditions for wheat, sheep — and babies.

New Australian Bureau of Statistics data reveals the women in the small Wheatbelt town — best known for its Tin Horse Highway — are among WA's most fertile.

Kulin's fertility rate was 3.12 babies born to each woman over the course of her lifetime.

It's part of a baby boom in country WA, with the top 10 most fertile locations dotted across our vast State. In 2016, more than 35,000 babies were born in WA, including 72 in Kulin, 280km east of Perth.

Another Wheatbelt town, Brookton, has WA's highest fertility rate at 3.3. WA's average fertility

rate is 1.89. The least fertile areas were Perth CBD (0.9) and North Coogee (1.1).

Kulin Shire president and local farmer Barry West, who raised four kids with wife Peta, said the town owed its mini population boom to a strong community spirit. "Kulin is very accepting of new people and everyone volunteers to help out for different things like our bush race." Mr West

said.

"We've got a lot of young professionals who have moved here in recent years and built homes here. "We've got some great facilities here for young families including a strong playgroup for young parents, day care and good medical services."

Gen Whisson moved to

Kulin eight years ago with husband Ben and the couple are parents to

19-month-old son Huxley. The 33-year-old works

as a private farming consultant and is about to open a florist business.

She said her previous job as a senior project officer for Kulin Shire to help promote local tourism attractions had given her plenty of scope to broaden her skills.

"I think a lot of people tend to misjudge small country towns but there's always so much going on," she said.

She said getting involved in volunteering was a "big part of country life".

Cindy Mullan, 33, who lives on a pig and wheat farm with three kids and husband Brenton, said the town was family oriented and had great facilities for families.

"Everyone makes an effort to include you in sporting games and kids' groups and there's a great childcare centre," she said. Regina Titelius

The ingredients of Strong Communities



1. Local leadership

"Given the task of rejuvenating a region and the choice of \$50 million, or \$2 million and 20 committed local leaders, we would choose the smaller amount of money and the committed leaders"

(McKinsey and Company (1994) Lead Local Compete Global: Unlocking the Growth of Australia's Regions)

Margaret Wheatley



"Leadership is a series of behaviours rather than a role for heroes"

Making Things Happen

"Leadership is not necessarily a title or a powerful position; it is a process, it is relational, it is making something happen, it is leaving a mark"

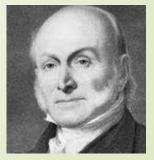
-Lorraine Matusak



Inspiring and Influencing Others

"If your actions inspire others to dream more, learn more and become more, you are a leader"

-John Quincey Adams



The first duty of a leader is to instill optimism.' (Field Marshall Montgomery)

'A leader is a merchant of hope' (Napoleon)

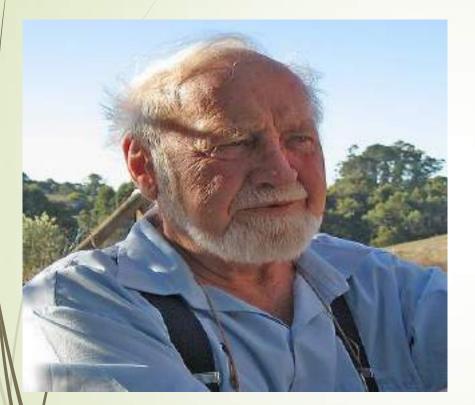
Opening Possibilities

"A leader's task is to open doors and windows"

-John Gardiner



Facilitating Collaboration and Network Weaving



'I can't save the world on my own...it will take at least three of us.'

Bill Mollison, a founder of the Permaculture Movement

Scott's Bluff Leadership Motto

If you want a year of prosperity, grow grass.

If you want ten years of prosperity, grow trees.

If you want 100 years of prosperity, grow people'



A grassroots leadership program that seeks to support local community builders within a defined cluster of communities to better understand and build their local and regional community and economy.

C. B. Program Goals

Provide the necessary information, skills, tools, motivation, confidence and passion to positively manage community change.

- Encourage new thinking about ways to better support and nurture social and economic development at local and regional levels.
- Stimulate collaboration between communities and create peer support networks and friendship links across a region.

2. Active Community Engagement and Connection

"GREAT COMMUNITIES DON'T JUST HAPPEN, THEY ARE CREATED, NURTURED AND SUSTAINED BY CARING, CONNECTED AND INVOLVED CITIZENS."

Peter Kenyon

'Most communities can often be compared to an ice hockey game where 20,000 people who need the exercise, turn up to watch 12 players who don't.'

-Peter Kenyon



Importance of -

conversation social connection engagement

- collaboration

Brett Christian, Editor, Subi Post

'A community is not a community without conversation'





"What most people need is a good listening to"

Importance of community conversation

'One of the things we need to learn is that every great change starts from very small conversations held among people who care.'

-Margaret Wheatley





Learning Conversations





City Rituals & Traditions





Saturday, July 26, 14

Actively engage these groups!



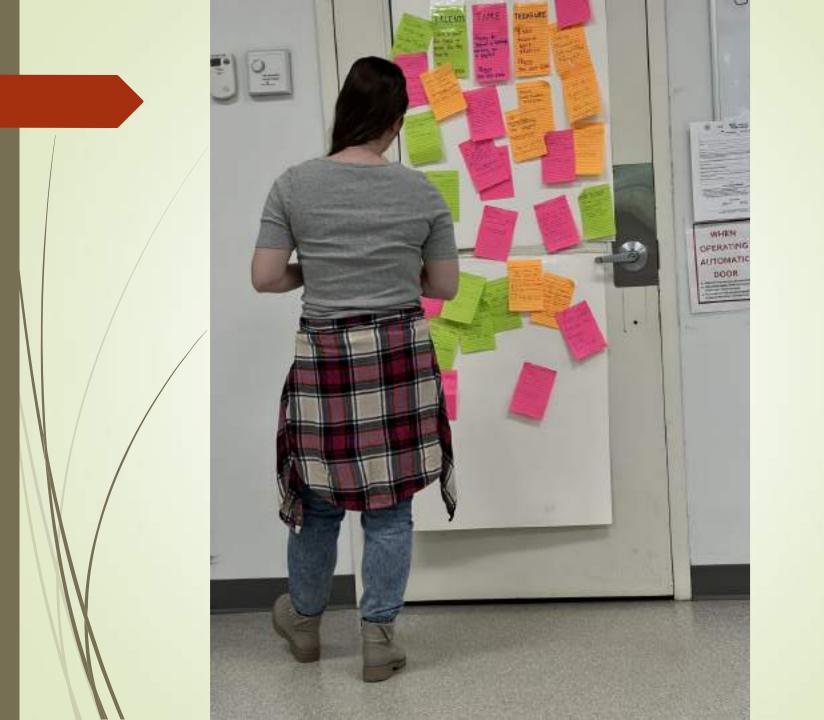


Compassionate Community-Municipality fo Head, Clara and Maria in the Ottawa Valley



What GIFTS could you contribute to helping our community to welcome Crystal back to work?





3. A positive and can-do Community mindset

You can't move your town to a different location, you can move your town's attitude in a different direction'

-Heartland Center for Leadership Development (USA)

'Conventional wisdom suggests that for a small town to survive it needs to be near a major highway, have significant natural resources in the region, be close to a larger city or have some other "characteristic or circumstance" working in its favour. Yet in reality, leadership is proving to be more important than location and attitude is more important than community size'

-Heartland Center for Leadership Development, USA



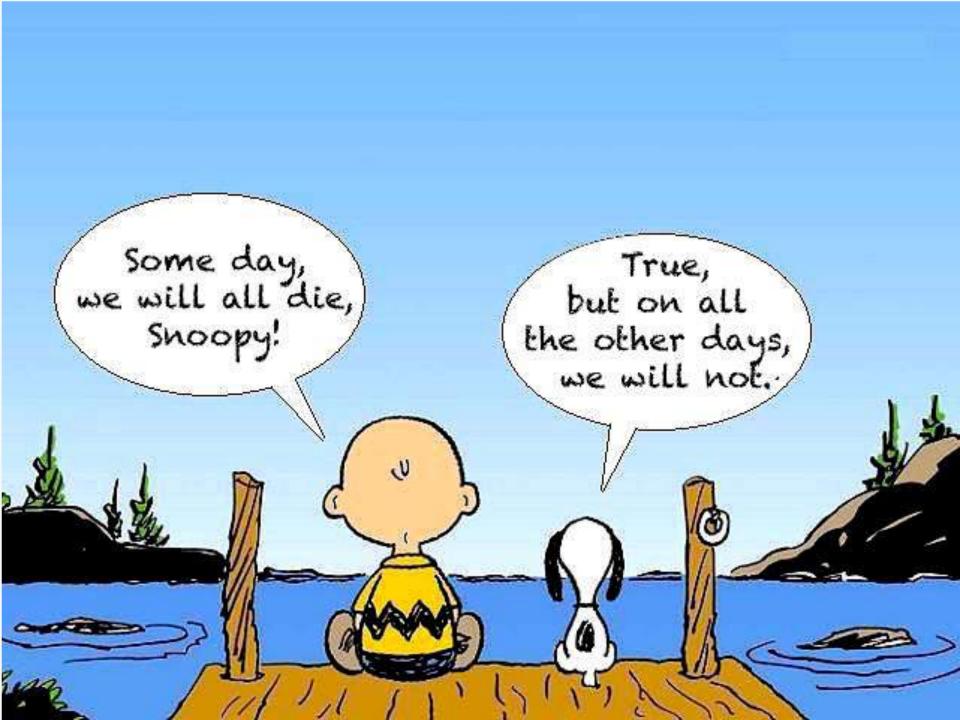
Former Mayor Vicki Buck , City of Christchurch

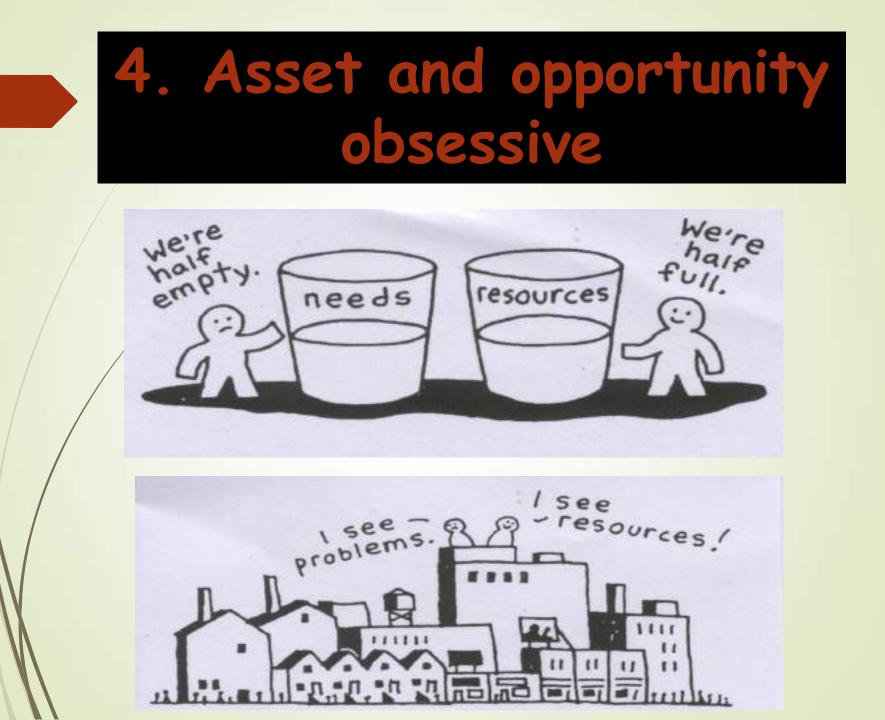
Vicki Buck

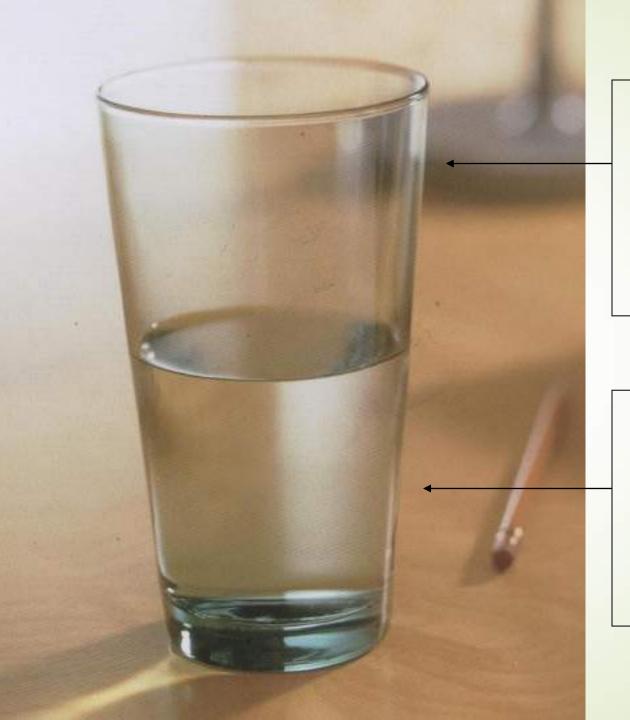


'I think negative people should be taxed. They require an incredible amount of energy. They're like corgis nibbling at your ankles and I'm sure they exist to show us the difference between heaven and hell.'

'When facing a difficult task, act as if it is impossible to fail. When going after Moby Dick, bring along the tartar sauce."



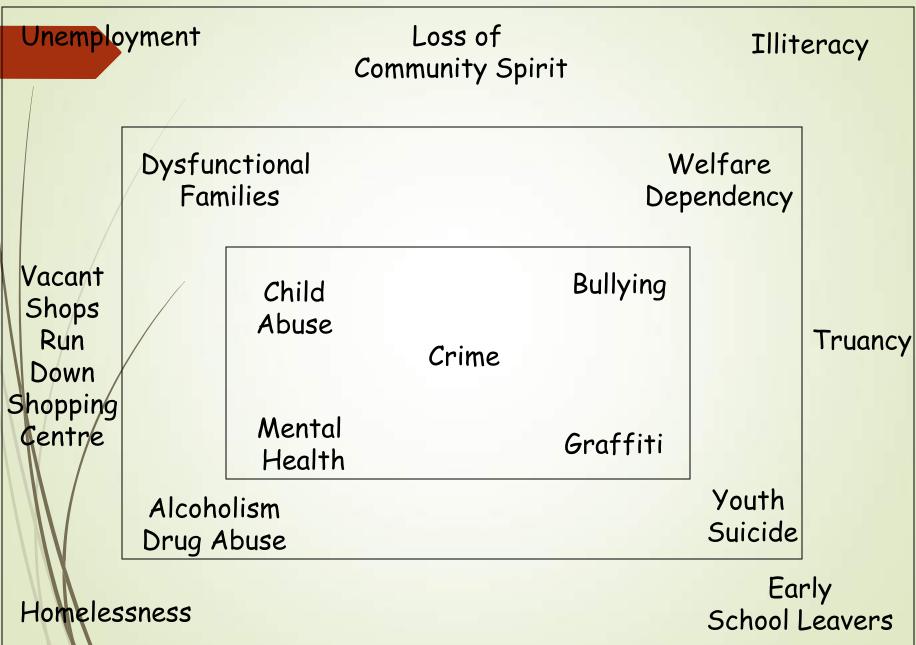




Communities and their citizens have deficiencies and needs

Communities and their citizens have capacities and assets

COMMUNITY NEEDS MAP



COMMUNITY ASSETS MAP



People Assets

Bill and Nanette Exam. Juff McClivtock (gardening), **Kire Scheleichers Bytorwegvel** Batch - Transhed. Dos Cameron - Blue Cafe, Transway Museum volunteers: Dan the good coffee stand. friendly community, local artists, Swampies - Icicals from Inventary for historical stories, long term residents, entrepresents, bakers, electricians, trades people professionals - mental health doctors, dental, artists - interwease and potters. academics and teachers. Home educators, international students. Utsi faculty students. volunteers, cricket dab members. Boseja ciada monters, Janet - Transmits Gienemys Cothe @Churchill. politicians/counciliers. nowsagency owner. students and stall - Big Picture. Inventory Primary School and St Firm Barrs, Star Theatre, Allison from SheGhed, Mrs. Bingsworth and Mrs McClood -Inventity Pristary, Beta Park staff Impecially Lindsay and Tempel. School P&F, Vickl at Bowls club. realized people dealing with flood, older people who have lived terre all their lives. Ls. Sectord Street cottages, Erral Stewart, Owen Filbury, Peter Renyon, sinset to horse workers, school association mambers, Sue Bell, Leanne Graves, Mrs Edwards, Tandance, Inventory primary -Sarah Mutt, Tony Brazendale, Leanne Grimsch, Tarloyn, Zony, Peter Hynes, Learne Marchel, Ms Davis and Mr Gilmarten

Local AL

Bunnings BBQ funerabers. Manu Bakery, Cellic Barbet, Burnows, car dealers/car patils, QV Museum Backshop, Salvos. Pottery Sheet. The Stand. Swarep Cafe, Newsagency, Flick the Beat, Food for Dudes, Art shop, Silos Hotel, Rhubarb, Renountions - thes, cortains, plumbing, bottle shops, stanutacturing, Tram Shed Function Centre, wheekhair subsiler, beauty retailer, Mr. Web Restaurant, Beta Park Bouldering, Fraggiet, Skin Care Clinic, Officeworks, food voils. Cates/restaurants, Bity Bee, McDonalds, Boothouse, Boost Julice, Shialoada, Rowlt Club, Good Guys, KiA Marshall, Stephed, second-hand shops, detrol stations, automotive, pairs, Kings Wharf, Doggy Day-care, Glebe Island, vistage shep, a lat of local's owned but investors /strong business Foundand, Star Theatre. Terrar Volley Dairy, Bridgestone. Mazda, Pet Stock, JB Hi Fil. Bunnings, Inventory Marlort, Coles Express, Pie Face, Speads, Tax Petroleurs, Salvos, Utas Stadium, Reece Phanbing. RSPCA Blue Call Elite Listes and Queares.

Institutions d

Youth Putures, Council depot. garden nursery, Tastance. City Mission, School of Architecture, Skie clinic, TasTAFE, Buddhlet Centre/ Temple, seniors community, hall Launceston Big Picture School St Finn Barrs, dentist charches, Salves store. IISPCA, Post Office, 14 - Railar Schoel, Methodist Church, **St Firm Barrs Charch, Utas.** Invernas Prinary School. **GVMAG. Interweave Art Studio.** Cricket Club, Invennov Bowk Club, kn/ensisk Precinct, Utas Library, Transhedi/tram massaute, childcare, Tiger Day -Metric medical clinic politicians office. Car Maseam/Automobile Museum, outreach services. **Winnies, Launceston Family** Chards Remade

Cultural

Heritage buildings/old buildings and boxes, Moscene and Art Gallery, Trans and tracks/Tour mascun, Palawa coltare "yn Pulingine", Rebroco van Anto Jatories of pold, leene history, university churches/masa, makeets (in the pold, neuropies/www.pulines/ churches/masa, makeets (in the pold, neuropies/www.pulines/ shortage facets, Streine Bart, aboriginal reference group, Heritage Facet, Swattoch, QVPMG collection, horthall

Physical 2000

Terrace Itoanes, York Park. flat surfaces, roads and town planning, Churchill Park/ Churchill Park Soccet grounds. old warehouses instential. Beautiful old homes. Star Theatre, skate park, pump track, small bacal parks, Inveresk precinct, Tamar River, bridges, Heritage Forest cricket grounds and Council garden numery depot, Heritage Dog Pielk, Seaport, invoc Banks, Roads and flood leving Post Office, Esk activity space Indietball courts and community gardens, wide streets, board fail views, Riverhead Park president. Utas Stackers bike paths/cycling paths, Siles, making track from Heritage Forest to Uni. Beta Park, Faalloner Park, conveninity gardens, equestrian prounds, Salvation Arrest rowing club, rock climbing centre, Kings Wharf, rail trail. North Eck Kiver, Taruar River/ kanamatuka/river walk, Caledonian Sessire, Russel Street Park, Museum, The Transver Museum, Monask Reserve. Terrace Hisases (soonks)

Social

Tors Maseum Society, Bowls Club. Crickel Chil: Footy chilt. she Sted, San Chi Kai Karate clph. Launceston Karste risk. 1Tiger Bas - free route. Salvos, Park Ran x 2, North Eve rowing club and function centre. Doggy Day care - yoursdaaws Dog obeckence/training clubs. Soccer club/soccer at the park Auskick, Grammar Rowing club. Churchill Park, Utas Stadium, Bets Park Gouldering Yock climbing). Migtast group e.g. Nepal Society MRC community group, correspondity gardens at Little, constructly dancing, Dragon Bacing Club, Tas Dance Stampin Annese, dog show Interwease Arts, Esk Market, St Park Rowing club. St Finn Barrs Church, Rawell Street Studio, Pottery Shed. New basketton courts at Inveresk, Badhist Centre, Vinnies food and clothing van. walking groups, Fit and Ricking. Remade, readilation/reindfulnets Utas, North Laanceston Football Club, Friends of CIV Mag. Beta Park - Orphana Christmas, Star Theatre film society.

Invermay Asset Map

> Sawtooth Arts. Transhed vokument form Strickland Amard NT/5A Facebook group, NYE event @Ulas Stadium. Star Theatre, Invernay Primary School, Harmony Day, Christmas/Easter/Halloween. Mona Forna, Dew All, improvised music association. Interweave Arts, BOFA. Buddhist Centre, multi-cultural shops, Utas Stations, free parking: Me With Restaurant, proximity to CED. whanks/ whatfies/blue collar pride. floods stories/cultural stories e.g. Riverbend, rallway yards, flood level indicators. Park run

Developed by the Invennay community in 2022 as part of the Invernay ABCDE Learning Site

Six Key Categories of Community Assets

 People's passions, skills, connections and experiences and above all, what they care about
 The physical world
 Community associations

- 3. Community associations
 - 4. Institutional assets
- 5. Economic/business assets
- 6. Cultural assets-stories, traditions, heritage

The key asset we need to discover is "What people care about"

Canadian Survey: Why People Volunteered

82% of respondents said:

'because someone who they knew, asked them do something they liked doing'

'EVERY LIVING PERSON HAS SOME GIFT OR CAPACITY OF VALUE TO OTHERS. A STRONG COMMUNITY IS A PLACE THAT RECOGNISES THESE GIFTS AND ENSURES THEY ARE GIVEN. A WEAK COMMUNITY IS A PLACE WHERE LOTS OF PEOPLE CAN'T OR DON'T GIVE THEIR GIFTS.' -Jody Kretzmann









Bella Burgemeister: 11-yearold Author



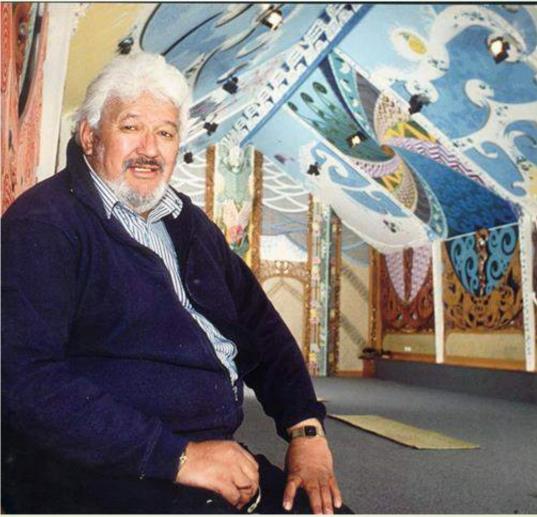


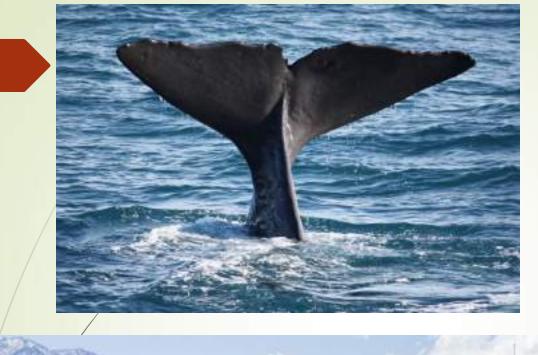
Kaikoura, New Zealand





Bill Solomon





Kaikoura Whale Watch



"For us and our children after us"

"At the end of the day, you cannot possibly know what a community needs, until they first know what they have."

Cormac Russell



5. Community WOW factor

"You don't get a second chance at a first impression!"

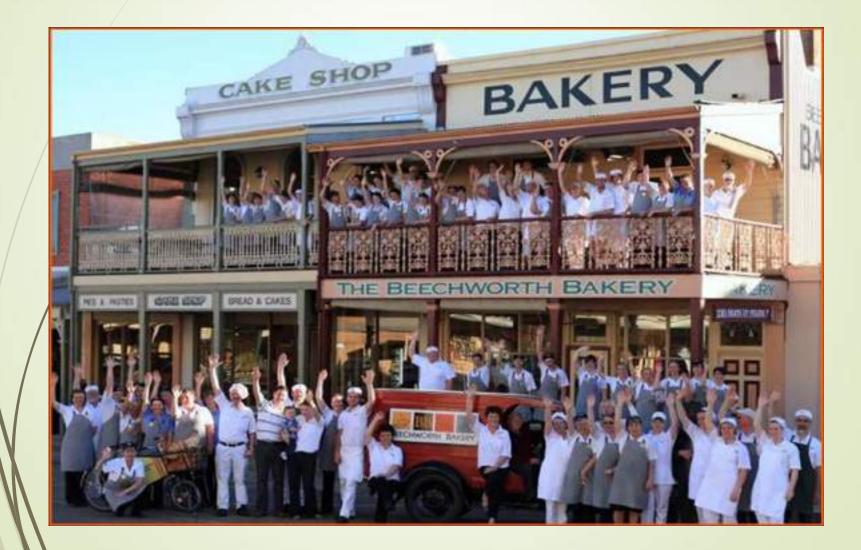








Beechworth Bakery, Victoria

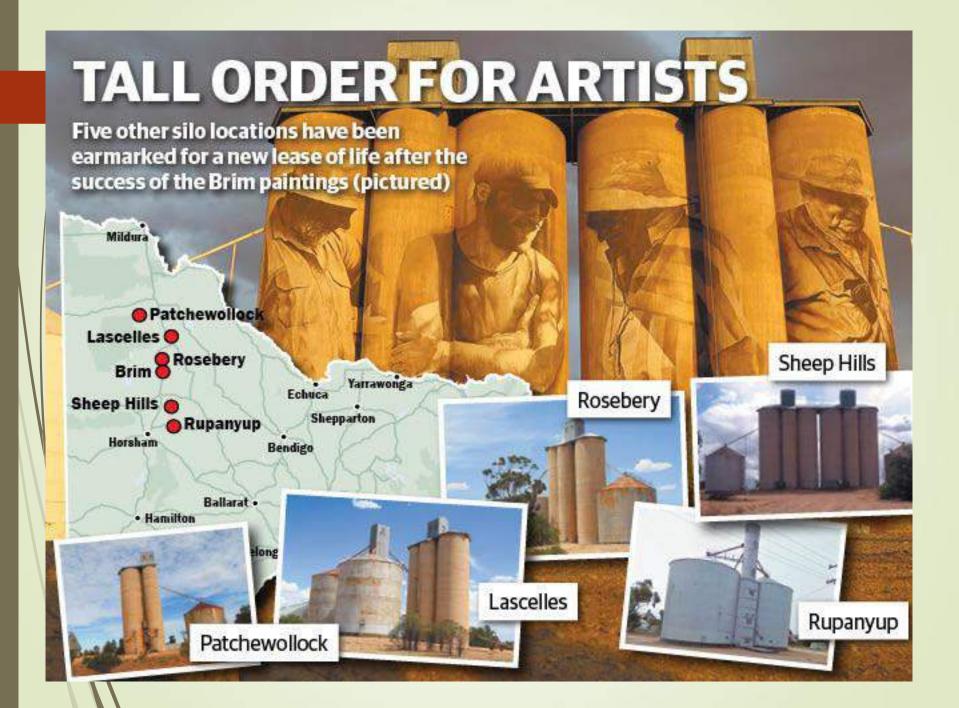


Customers from 8am





















FIRST IMPRESSIONS

 As you drove towards the Hest Community, what do you think of the messages from 20 kms out preparing you for what the town offers? Bid you feel exchanged?

2 How favourable an impression of the Host Community does the town's entrance statements provide?

1 2 3 4 5 6 7 8 9 10 NEEDS URGENT SATISFACTORY EXCELLENT

3. After taking a five-minute drive through the Hest Community without stopping, what was your first impressions?

4 Hato and comment on the overall appearance of the mainstreet/CBD.

1 2 3 4 5 6 7 8 9 10 NEEDS URGENT SATISFACTORY EXCELLENT

What did you like most?

Rate and comment on the window displays in the mainstreet /CBD

1 2 3 4 5 6 7 8 9 10 NEEDS URGENT SATISFACTORY EXCELLENT



6. Lifestyle Appeal

'People in cities are seeking the values small town folks never lost. The wholesome small town is still there! The vision of "Main Street" brings back nostalgia, a sense of community, basic moral values, concern for others, friendly people, accessible city government and involvement in community life'

-Robert Schively

The appeal of rural village community life to young families who want a safe and family-friendly lifestyle and a supportive environment to develop their entrepreneurial aspirations.



According to ESRI Research, a new resident brings US\$50,000 to US\$70,000 in new consumer spending.

Interesting Fact:

Critical Lifestyle Issues

- Good cake and coffee
- Community bumping spaces
- Childcare and early education education options
 - Young Mum support and activities
- Young N
 Housing
- Shopping
- Recreation options
- Child and youth facilities and activities
- Health services
- > Ability to age well

7. Support for entrepreneurial aspirations and initiatives

"Right now, in your community, at this very moment, there is someone who is dreaming about doing something to improve their lot. If we could learn how to help that person to transform the dream into meaningful work, we would be halfway to changing the economic fortunes of the entire community"

-Ernesto Sirolli









Canterbury Earthquakes, NZ



MINISTRY OF ANESOME

Ministry of Awesome exists to water the seeds of awesome in Christchurch!







Awesome Ottawa

Awards a \$1,000 grant every month, no strings attached, to forward the interest of awesome in the universe



Nebraska Community Foundation



Nebraska Community Foundation

"We unleash abundant local assets, inspire charitable giving, and connect ambitious people to build stronger communities and a Greater Nebraska"

Sad State of the Local Pub in Sea Lake, Victoria









The Community Champions in Sea Lake that Reopened the Pub as a Co-operative



This was their Motivation and Vision



Alison McClelland, Sea Lake Hotel Co-operative



'We've got a lot of young people here, and a lot of succession farmers, so we needed a town that has facilities, a place where they want to bring their kids up and keep the community going...it's about future proofing the town for the next generation.'

Ingredients of a Strong Community

- > Local leadership
- Engaged and connected community
- Positive and can-do community mindset
- > Asset and opportunity obsession
- Community WOW factor
- Livability appeal
- Support for entrepreneurial aspirations and initiatives

Margaret Mead



'Never doubt that a small group of committed citizens can change the world. Indeed, it is the only thing that ever has.'

What Builds Great Communities-Wrap Up









Haliburton County Home Builders Association



PLACES FOR PEOPLE





The HCCC was formed in November 1998 with a mandate to encourage, develop and support entrepreneurial initiatives that contribute to the social, cultural, environmental and economic wellbeing of Haliburton County and its residents.

The Co-op grew out of the discussions of a diverse group of community members who came together to investigate how to create new wealth in the community that could be reinvested in initiatives that benefit the community

Rebecca Mustard 🜌





"Million Dollar Makeover"



Rev Dr Moses Coady

'If we are wise, we will help the people everywhere to get the good and abundant life...to become masters of their own destiny'

DESTINY

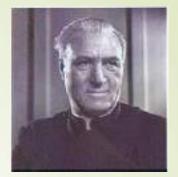
The Story of the Antigonish Movement of Adult Education through Economic Cooperation

By M. M. COADY

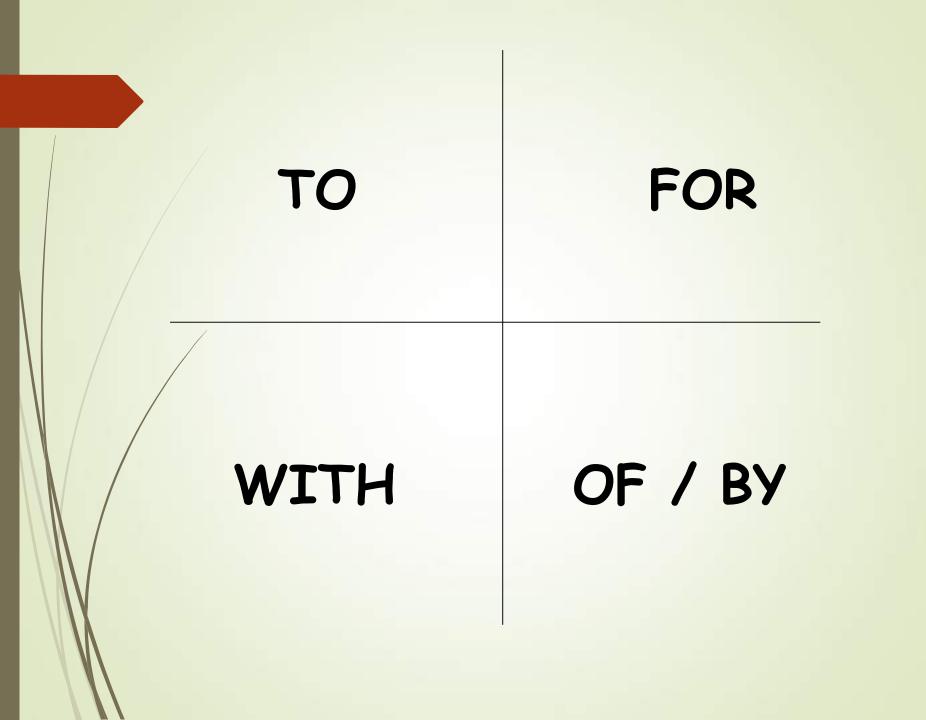
The Director of Extension of St. Francis Xavier University in Nova Scotia here tells the heartening story of a successful effort to educate the people by assisting them to become masters of their own destiny through cooperation in the economic field.

HARPER & BROTHERS . EST. 1817

Rev Dr Moses Coody



'We are motivated by what we don't have, to use what we do have, to get what we want'





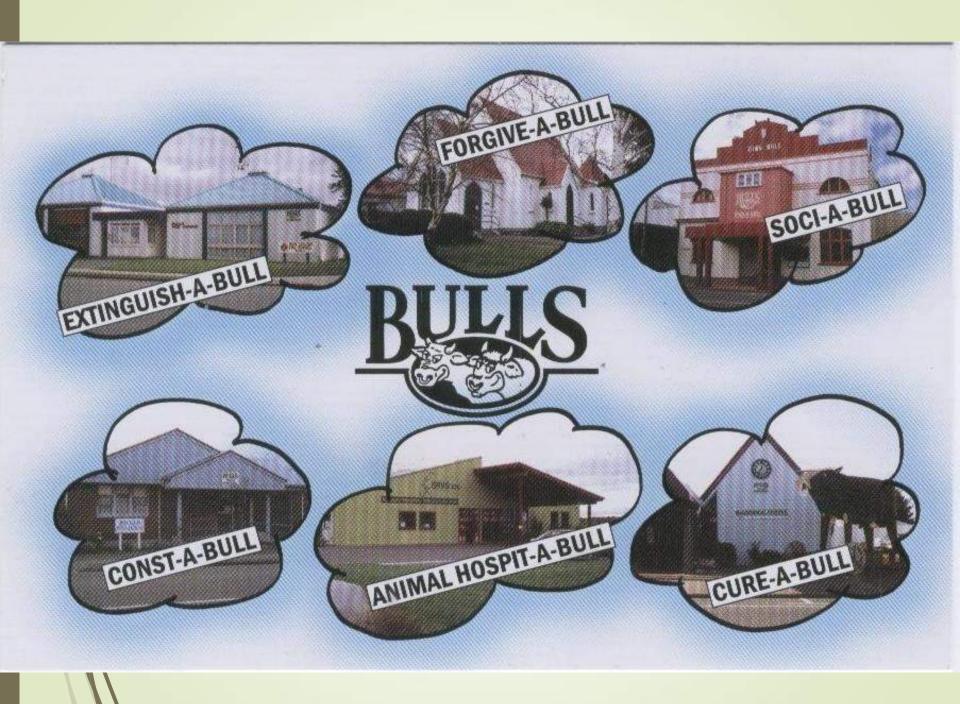
A Town-Like No Udder

DULLS

Herd Of Bulls?

RANGITIKE

h.unsorgetabull.co.nt An Unforget-a-bull Town















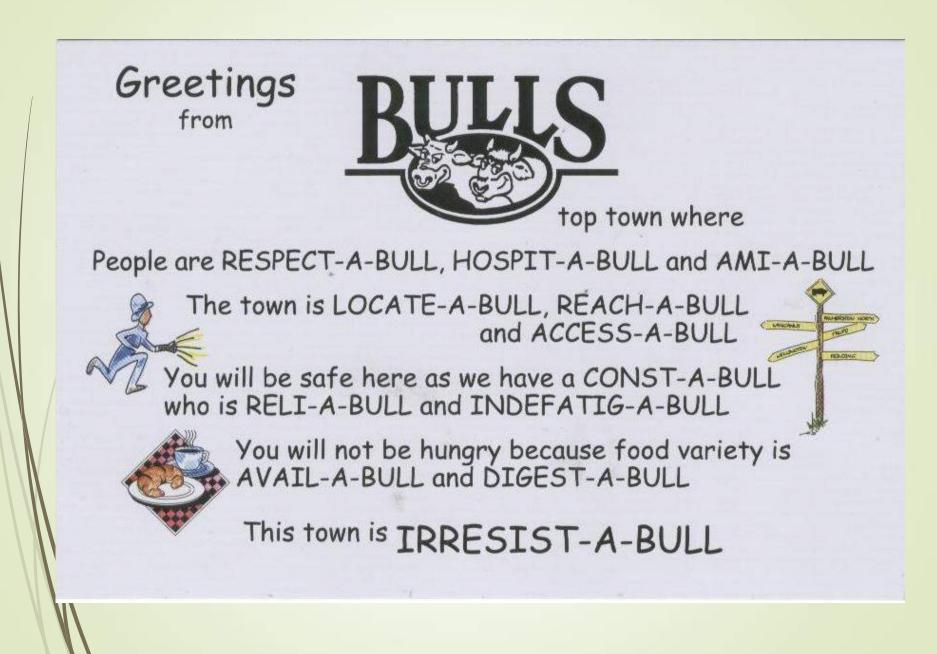












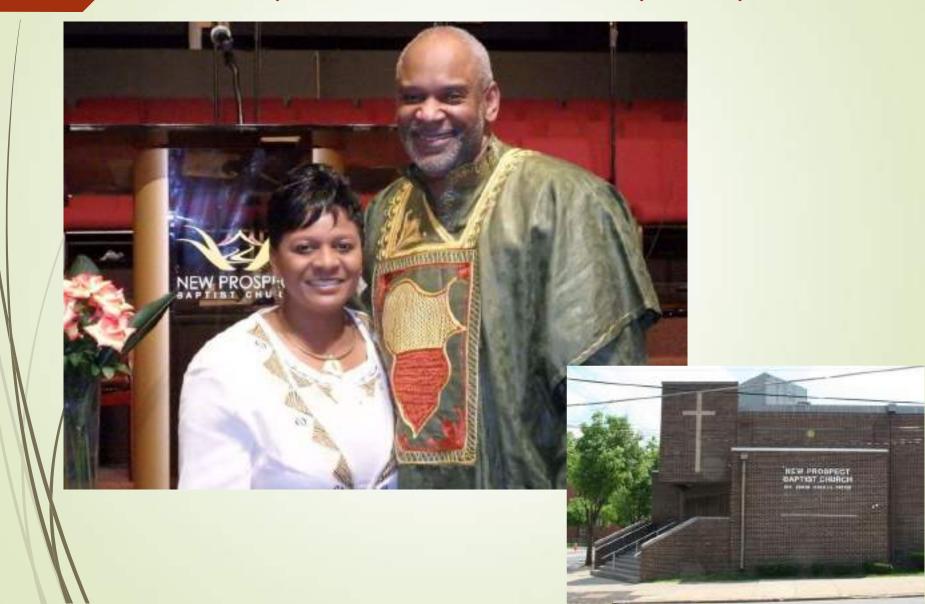
Key Question:

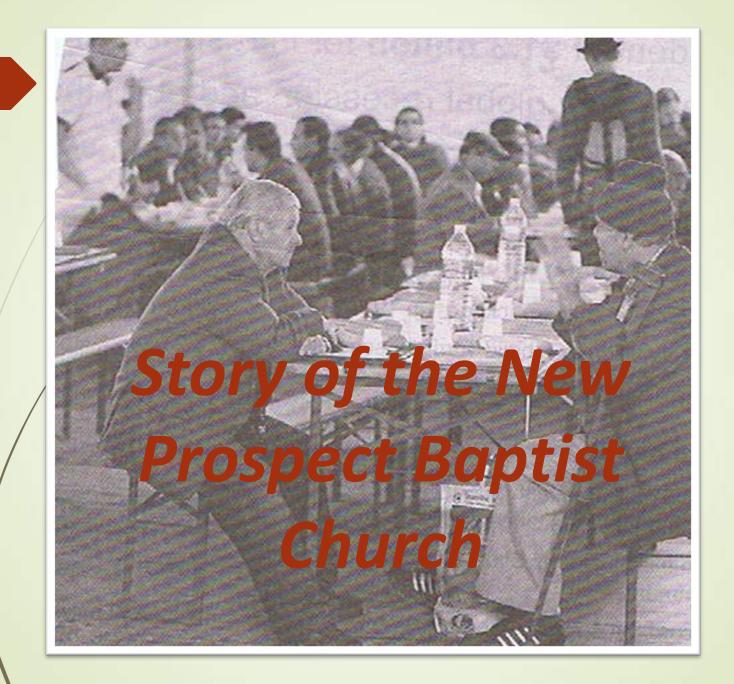
Whose gifts are underutilised in the community?



- Homeless Unemployed
- Low income person
- Non-English speaking
- Single parent
- Addict
- Offender
- Old person
- At-risk youth
- Person with disability

Damian Lynch 111, Pastor, New Prospect Baptist Church





Conversation Questions

Introduction

My name is ____

- 1. What is your name?
- 2. Did someone talk to you about what the 'Gift Exchange' is all about?
- 3. What do you understand it to be? Basically, we believe that everyone has God-given talents and gifts that can be used to benefit the community. I'd like to spend a few minutes talking to you about your gifts and skills.

Gifts

Gifts are abilities that we are born with. We may develop them, but no one has to teach them to us.

- 1. What positive qualities do people say you have?
- 2. Who are the people in your life that you give to? How do you give to them?
- 3. When was the last time you shared with someone else? What was it?
 - . What do you give that makes you feel good?

Conversation Questions

Skills

Sometimes we have talents that we've acquired in everyday

- life such as cooking and fixing things.
- 1. What do you enjoy doing?
- 2. If you could start a business what would it be?
- 3. What do you like to do that people would pay you to do?
- 4. Have you ever made anything? Have you ever fixed anything?

Dreams

Before you go, I want to take a minute and hear about your dreams – those goals you hope to accomplish.

- 1. What are your dreams?
- 2. If you could snap your fingers and be doing anything, what would it be?



Damian Lynch 111

We were feeding folks, but we were not getting to know them'

'EVERY LIVING PERSON HAS SOME GIFT OR CAPACITY OF VALUE TO OTHERS. A STRONG COMMUNITY IS A PLACE THAT RECOGNISES THESE GIFTS AND ENSURES THEY ARE GIVEN. A WEAK COMMUNITY IS A PLACE WHERE LOTS OF PEOPLE CAN'T OR DON'T GIVE THEIR GIFTS.' -Jody Kretzmann



'People really want to get involved. They really want to. They're looking for a way to turn their frustration, excitement, anxiety into action. The theme of my work in community for my entire life is that there are assets and gifts in community out there in communities, and that our job as good servants and as good leaders is having the ability to recognize those gifts in others, and help them put those gifts into action. Communities are filled with assets that we need to better recognize and mobilize if we're

really going to make a difference'

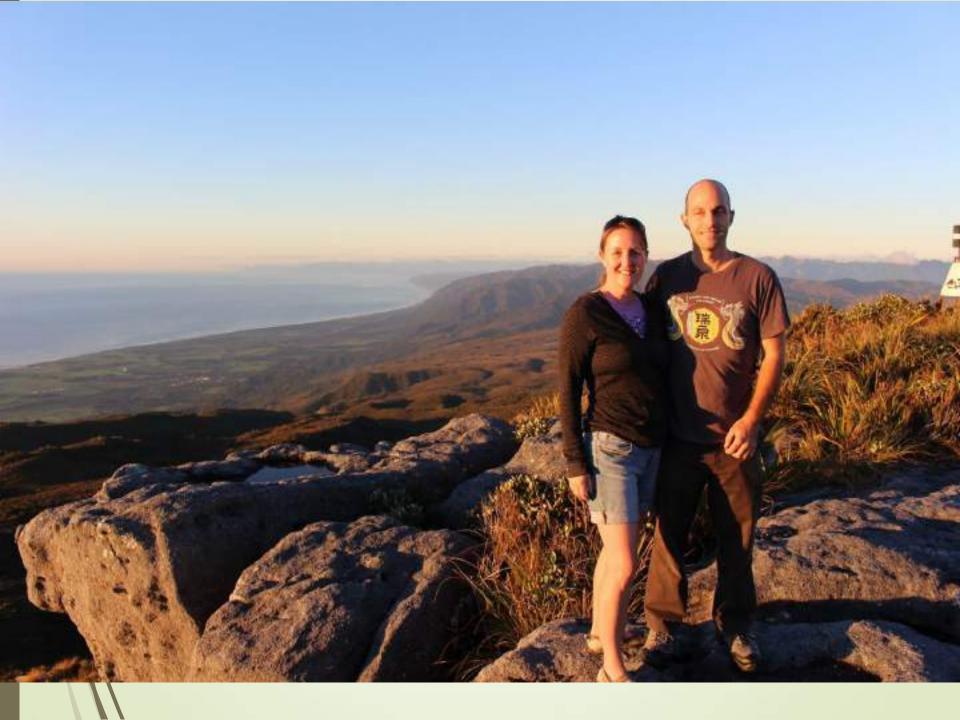


Na to rourou Na taku rourou Ka ora ai te iwi

With your food basket And my food basket The people will thrive

The Story of Emma Sherie, Granity and CommuniTea

Welcome to CommuniTea > Come around the back to the conservatory



Welcome to CommuniTea > Come around the back to the conservatory

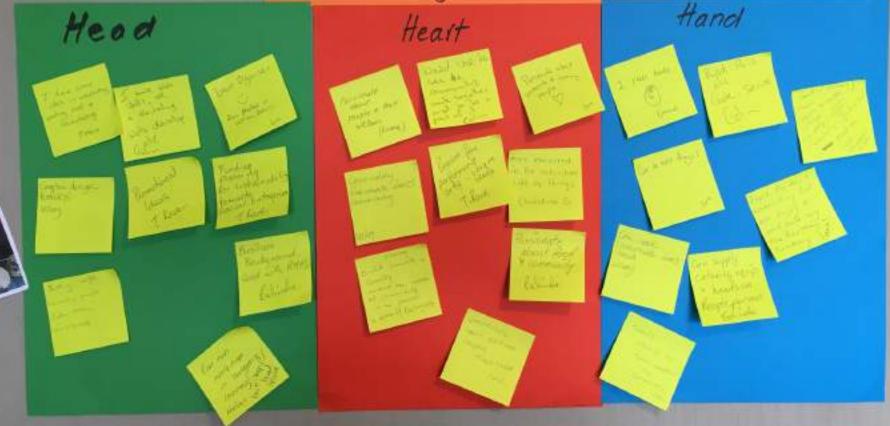
How to make the perfect cup of ... CommuniTeg

- Discard old disputes, feuds & ideologies at the door
- Be mindful of what really matters
- Share your passions & what you care about
- Listen with respect and curiosity
- Share the airtime give everyone a chance to speak
- Focus on the positive futures rather than debate the past.

Eat cake and enjoy!



What passions or skills do you have that you'd like to contribute towards a community cafe?







BAKING

Brenda's Banana Cake Sandra's Ginger Crunch Savouries . Eliza's Savoury Quiche Tania's Carrot Cake Barbara's Fruit & Nut Loaf 🙄 Barbara's Shortbread

JT OUR

2

ASE ASK OPTIONS

KAWATIRI COFFEE

Kahurangi Sunrise Paparoa Thunder Mad Harry's Gold **Burning Mine** Espresso

KOHA WELCOME

10am - 12.30pm **FRIDAYS** at GRANITY FIRE STATION LOUNGE

FORMALLY, INCOMENTATION OF



TEA-

Contract Contract Contract

English Breakfast Bell Original Peppermint with Cinnamon Green Tea with Lemongrass Strawberry & Rhubarb Lemon & Ginger Green Tea & Peach Peach & Pineapple

OTHER DRINKS

Nescafe Instant Coffee Hot Chocolate





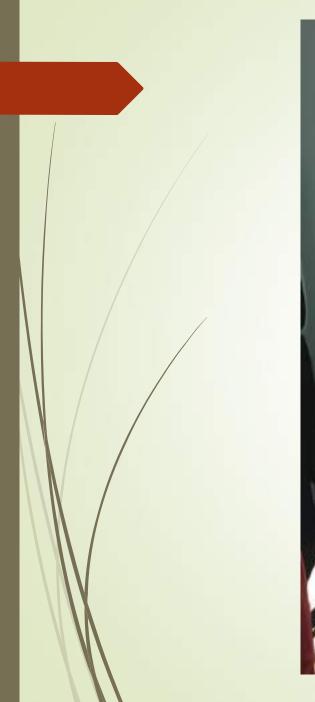














"We now give back \$100 a month to community causes. So far we have donated to the local youth group, the local youth performing arts group, the fire station, our community yoga group, and we have paid for the replacement of our community's defibrillator pads. We have also repaid the seeding grant that was given to us by the local Christian community. - Emma Sherie





Celebrating in style: from left, Rex Wishnowsky, Emma Sherie, Pic Neilson, Lesley Towart, Eliza Allington, Tania Craig, Gill Ebborn, Chrissy Spillett, Ariel Linklater, Brent Dyhrberg, and Lynn Stoddart. Absent: Tracey Bovey. Photo: supplied

CommuniTea celebrate in style

Becky Manawatu

It was a 1950a themed get-together as Communi-Tea celebrated its one-year anniversary on Friday.

Initiative co-founder Emma Sherie said over 60 people turned up for the celebration.

Bradley's Coachlines put on a free bus for members of Buller Roup's Older and Bolder.

Ms Sherie said that for a lot of the Older and Bolder members it was their first time at the weekly event, held each Friday.

She'd been prompted to help start CommuniTen when she was suffering from severe depression and felt disconnected from her community.

A workshop with community development advisor Peter Kenyon had given her the courage to launch CommuniTes.

She said that a year on, "CommumTen healed my heart".

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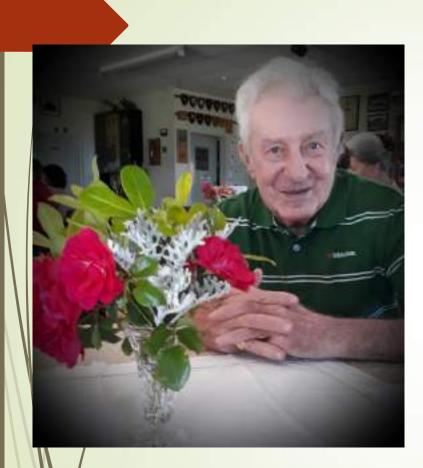
It

She encouraged anyone thinking of starting something within a community to "give it a go. You have nothing to lose".

Mr Kenyon has invited Ms Sherie to present the story of CommuniTee at the National Community Engagement. Conference in Canberra in August.

CommuniTos provides fresh baking, tea and coffee and caters to about 30 to 60 people each week.

When it began, organisers aimed to give people a place to share skills, Ms Sherie said. They'd had local artists perform, artwork displayed, and educational talks from the Fire Service and other non-government organisations.



"Colin has been coming every week since we first began CommuniTea. His wife died a few years ago and he lives alone now. He is the first one in the door every week and one of the last to go. He table hops around the room and chats to everyone. Colin is exactly why I wanted to create a space like CommuniTea."

-Emma Sherie



Celebrating in style: from left, Rex Wishnowsky, Emma Sherie, Pic Neilson, Lesley Towart, Eliza Allington, Tania Craig, Gill Ebborn, Chrissy Spillett, Ariel Linklater, Brent Dyhrberg, and Lynn Stoddart. Absent: Tracey Bovey. Photo: supplied

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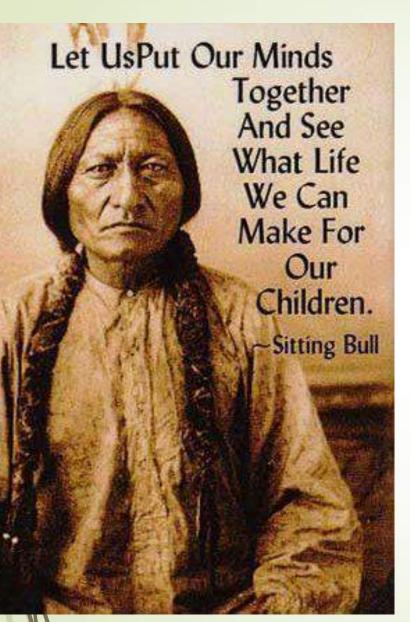
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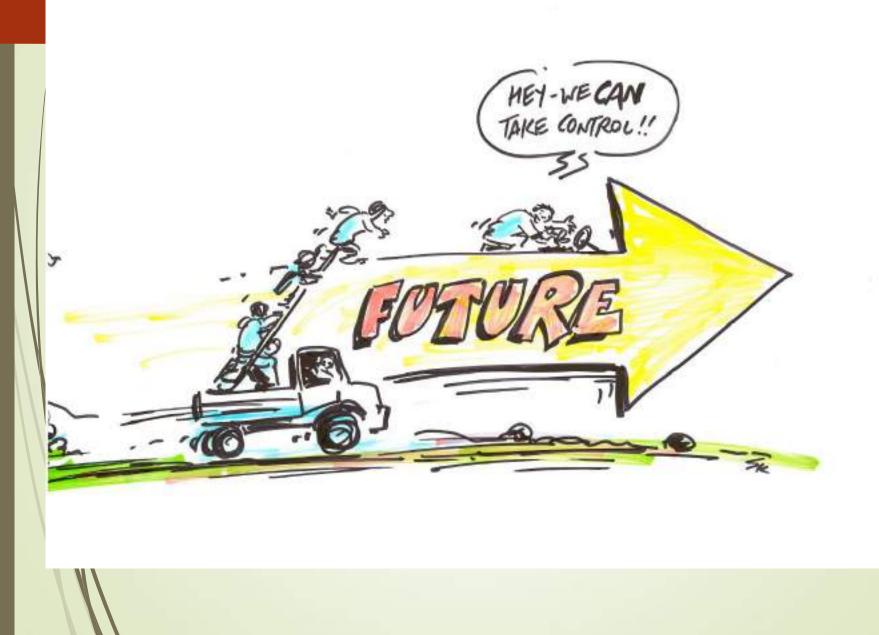
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"CommuniTea has healed my heart!"

-Emma Sherie







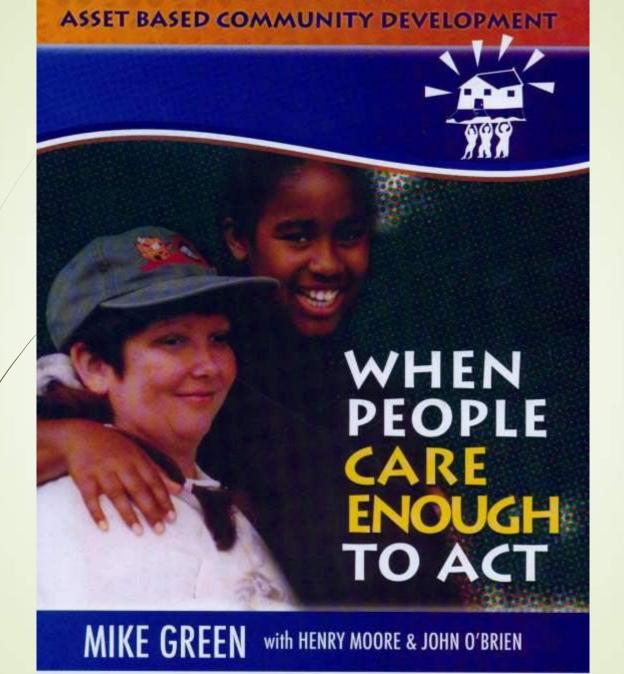
The future ain't what it used to be!



Key Community Building Resources

www.abcdelearningsites.com.au

www.bankofideas.com.au



FOREWORD BY JOHN MCKNIGHT

'We want so much that our daughters know a community life that is truly good my dream has always been that Anne will the get the chance to live a life where she is needed for her gifts'

(Mike Green)

BOI WEBSITEwww.bankofideas.com.au

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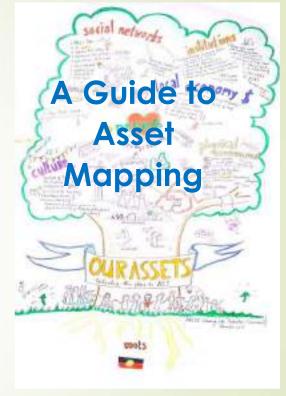
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4 Useful B.O.I. guides





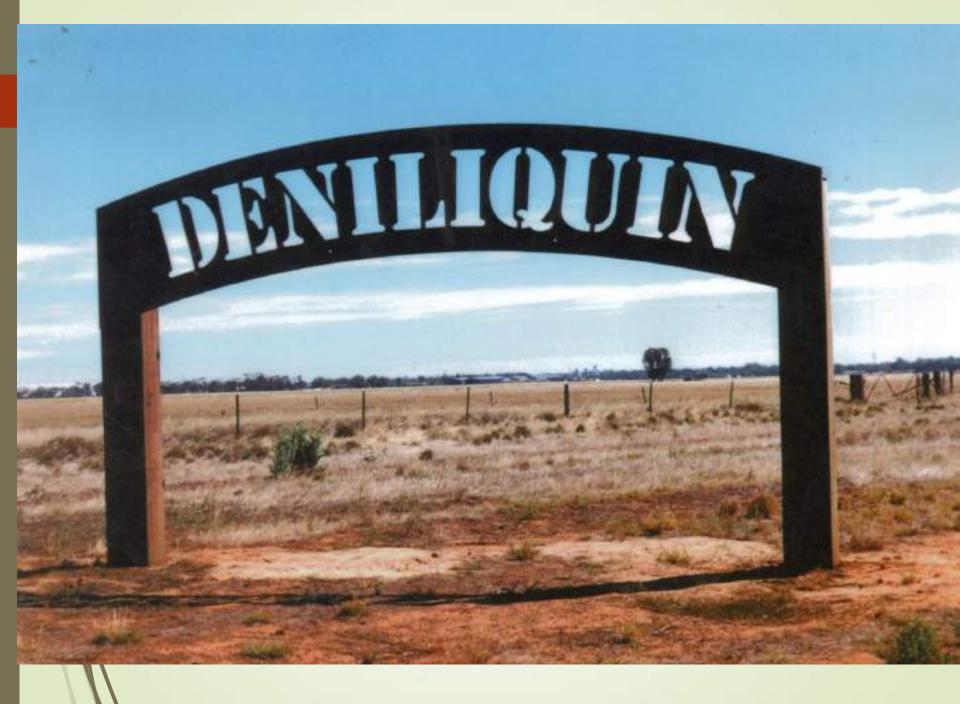
R U MAD? Youth Initiative



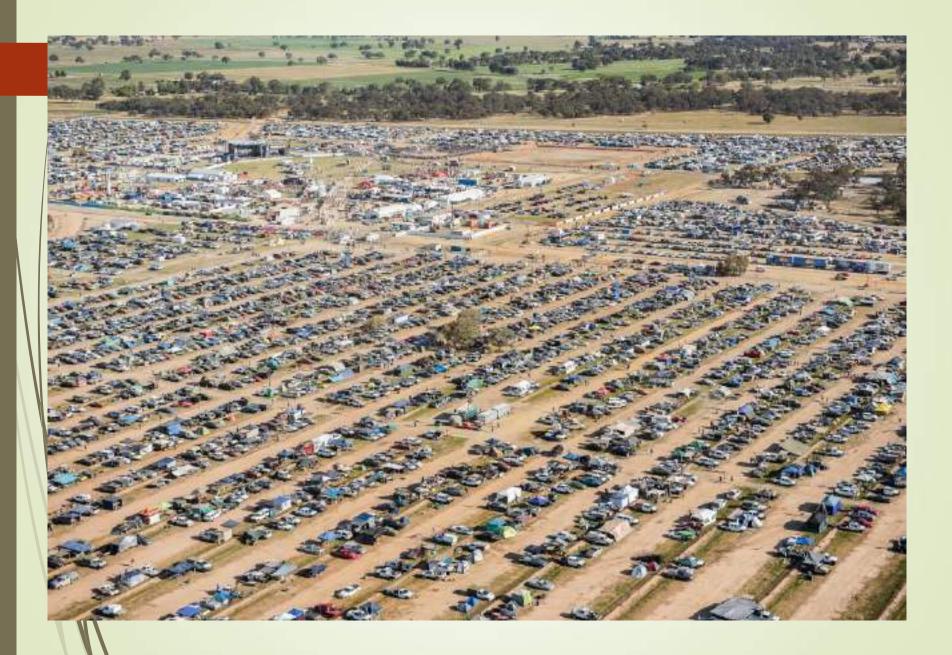
www.bankofideas.com.au

R U MAD? Youth Initiative

Are You Making A Difference?







Liz Richie, CEO, Regional Australia Institute



'Twenty years ago, I was 21 years old and had just returned home from university to take up the role as the very first Director of the Deniliquin Ute Muster. What I learnt that year has stayed with me forever... Back then Deniliquin was in the grips of a devasting drought. Our passionate community rallied to ask a simple question- how can we put Deniliquin on the map?

Ultimately, it came down to three elements: a big vision; a bold idea and innumerable beating hearts full of passion'





'Dream big. Start small. Act now'

Contact Details Peter Kenyon

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